### Preoperative BREAST AUGMENTATION surgery planning with a full line of *Natrelle®* gummy implants

#### PATIENT INFORMATION

| Patient name | | |
| Age | Ht | Wt |
| Surgeon name | Surgery date |
| Surgery location/facility | |

#### BREAST PARAMETERS

**RIGHT BREAST**

- Base width: _______ cm
- Nipple to inframammary fold distance: _______ cm
- Nipple to new inframammary fold distance: _______ cm
- Intermammary distance: _______ cm
- Sternal notch to nipple distance: _______ cm
- Internipple distance: _______ cm
- Nipple to midline distance: _______ cm
- Areolar diameter: _______ cm

**LEFT BREAST**

- Base width: _______ cm
- Nipple to inframammary fold distance: _______ cm
- Nipple to new inframammary fold distance: _______ cm
- Intermammary distance: _______ cm
- Sternal notch to nipple distance: _______ cm
- Internipple distance: _______ cm
- Nipple to midline distance: _______ cm
- Areolar diameter: _______ cm

#### PATIENT EVALUATION

- Larger breast: Right [ ] Left [ ] Est vol diff _______ cc
- Nipple level discrepancy: _______ cm
- IMF level discrepancy: _______ cm
- Envelope compliance: Normal [ ] Loose [ ] Tight [ ]
- Tissue coverage: Thin [ ] Adequate [ ] Moderate [ ]
- Upper pole pinch test: Right _______ cm Left _______ cm
- Other: _______

#### INCISIONAL APPROACH

- IM [ ] PA [ ] AX [ ]

#### POCKET LOCATION

- Subpectoral [ ] Subfascial [ ]

#### MASTOPEXY

- Yes [ ] No [ ]

#### IMPLANT STYLE

- Natrelle INSPIRA® Cohesive [ ] Natrelle INSPIRA® SoftTouch [ ] Natrelle INSPIRA® Responsive [ ] Natrelle® 410 Anatomical [ ] Other [ ]

#### DESIRED OUTCOME

- Minimal [ ] Moderate [ ] Enhanced [ ] Best [ ]

#### RIGHT IMPLANT SELECTED

- Size (volume, width/diameter, height, projection): _______
- Serial No.: _______
- Sizer style: _______

#### LEFT IMPLANT SELECTED

- Size (volume, width/diameter, height, projection): _______
- Serial No.: _______
- Sizer style: _______

#### SPECIFIC LIMITATIONS DISCUSSED

- Some residual asymmetries inevitable [ ] No guarantee of cup size [ ]
- Sensory loss, partial or complete on breast [ ] Warranty [ ]
- Palpable or visible edges of implant [ ] Other [ ]
- Scars [ ]

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Please see Indications and Important Safety Information on next page.
Natrelle® Breast Implants Important Information

INDICATIONS
Natrelle® Breast Implants are indicated for women for the following:
- Breast augmentation for women at least 22 years old for silicone-filled implants.
- Breast augmentation for women at least 18 years old for saline-filled implants.
Breast augmentation includes primary breast augmentation to increase breast size, as well as revision surgery to correct or improve the result of a primary breast augmentation surgery.

IMPORTANT SAFETY INFORMATION
CONTRAINDICATIONS
Breast implant surgery should not be performed in:
- Women with active infection anywhere in their body.
- Women with existing cancer or precancer of their breast who have not received adequate treatment for those conditions.
- Women who are currently pregnant or nursing.

WARNINGS
- Breast implants are not lifetime devices or necessarily a one-time surgery.
- Avoid damage during surgery: Care should be taken to avoid the use of excessive force and to minimize handling of the implant. Use care when using surgical instruments in proximity with the breast implant. For more information, please see the full Directions for Use.

PRECAUTIONS
Safety and effectiveness have not been established in patients with the following:
- Autoimmune diseases (eg, lupus and scleroderma).
- A compromised immune system (eg, currently receiving immunosuppressive therapy).
- Planned chemotherapy following breast implant placement.
- Planned radiation therapy to the breast following breast implant placement.
- Conditions or medications that interfere with wound healing and blood clotting.
- Reduced blood supply to breast tissue.
- Clinical diagnosis of depression or other mental health disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders prior to surgery. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to undergoing breast implantation surgery.

ADVERSE EVENTS
Key adverse events are reoperation, implant removal with or without replacement, implant rupture with silicone-filled implants, implant deflation with saline-filled implants, and capsular contracture Baker Grade III/IV.
Other potential adverse events that may occur with breast implant surgery include: asymmetry, breast pain, breast/skin sensation changes, capsular calcification, delayed wound healing, hematoma, hypertrophic scarring/scarring, implant extrusion, implant malposition, implant palpability/visibility, infection, nipple complications, redness, seroma, swelling, tissue/skin necrosis, wrinkling/rippling.

For more information see the full Directions for Use at www.allergan.com /labeling/usa.htm. To report a problem, please call Allergan at 1-800-433-8871.

Natrelle® Breast Implants are available by prescription only.

Intraoperative Breast Implant Sizers Important Information

INDICATIONS
The Natrelle® Silicone Sizer and the Allergan Saline Sizer are indicated for single use only for temporary intra-operative insertion in the surgical pocket to evaluate and assist in determining the final breast implant size/volume. The Natrelle® Re-sterilizable (410 and Round) Silicone Breast Implant Sizer is used during breast augmentation or reconstruction procedures to assist the surgeon in determining the appropriate size of a breast implant to use.

IMPORTANT SAFETY INFORMATION
CONTRAINDICATIONS
All sizers are contraindicated for use as long-term breast implants or tissue expanders. The Natrelle® Silicone Sizer and the Allergan Saline Sizer are contraindicated for multiple patient use or multiple sterilizations.

WARNINGS
Sizers are designed for temporary intra-operative use only and are NOT long-term implants. DO NOT alter, insert or attempt to repair a damaged sizer. DO NOT reuse the Natrelle® Silicone Sizer or the Allergan Saline Sizer, which are for single use only. The Silicone Sizers may rupture and release silicone gel. Infection, necrosis, hematoma/seroma and pain may occur following any type of surgery. Minute quantities of silicone gel may diffuse through the elastomer envelope.

PRECAUTIONS
The surgeon must carefully evaluate patient suitability and be knowledgeable about the use of this device. DO NOT expose the sizer to contaminants. Avoid damaging the sizer with surgical instruments (e.g. sharp, blunt or cautery devices). DO NOT attempt to repair damaged products. DO NOT damage the sizer by overhandling, manipulation, or excessive force. Maintain a sterile back-up sizer during surgery.

ADVERSE EVENTS
Adverse events and/or complications may include sepsis, hemorrhage, thrombosis, bleeding, and/or infection.

For more information, please visit www.allergan.com/labeling/usa.htm. To report a problem, please call Allergan at 1-800-433-8871.

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